

# Find the Gap Yoga – Registration Form



## 1. Contact Details

|                 |  |
|-----------------|--|
| First Name:     |  |
| Last Name:      |  |
| Date of Birth:  |  |
| Address:        |  |
| Phone Number:   |  |
| E-Mail Address: |  |

## 2. Previous Experience

|  |  |
|--|--|
| Have you practised yoga before?                |  |
| Details of previous experience:                |  |
| What do you hope to achieve from the practise? |  |

## 3. Medical History


Please review the health conditions below and indicate any which apply to you, providing details.

| Condition                      | Y/N | Details |
|--------------------------------|-----|---------|
| High Blood Pressure            |     |         |
| Low Blood Pressure / Fainting  |     |         |
| Osteoporosis                   |     |         |
| Arthritis                      |     |         |
| Diabetes                       |     |         |
| Epilepsy                       |     |         |
| Heart Problems                 |     |         |
| Asthma                         |     |         |
| Anxiety / Depression           |     |         |
| Detached Retina / Eye Problems |     |         |

[WWW.FTGYOGA.COM](http://WWW.FTGYOGA.COM)

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 @FINDTHEGAPYOGA

Find the Gap Yoga  
Registration Form  
Version 1.0

|                              |  |  |
|------------------------------|--|--|
| Recent Fractures / Sprains   |  |  |
| Recent Operations            |  |  |
| Back Problems                |  |  |
| Knee Problems                |  |  |
| Neck Problems                |  |  |
| Recent Pregnancies           |  |  |
| Are You Pregnant?            |  |  |
| Any Other Medical Conditions |  |  |

#### 4. Medication

|   |  |
|---|--|
| Please provide details of any medication you're currently taking: |  |
|---|--|

#### 5. Additional Information

|   |  |
|---|--|
| Please provide any additional information that we should be aware of: |  |
|---|--|

#### 6. Declaration

Terms & Conditions

Please tick here to acknowledge that you have read, understood and agree to our terms and conditions (copy available on our web site: [www.ftgyoga.com](http://www.ftgyoga.com)).

Signature

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Date

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